

Half-Day of Mindfulness: Deepening White Awareness In These Times

Peer-led by and for white-bodied Plum Village practitioners who want to continue addressing and ending racism by looking deeply into white awareness—our white identity—and build community, connection, and commitment for this practice in the context of PV teachings and practices.

Saturday August 8, 2026

10am - 1pm PST / 1pm - 4pm EST

This will be an interactive time together, including smaller breakout groups, with cameras and microphones on for much of the time.

Registration link:

<https://forms.gle/KvQEPFKDGo9ybV3C9>

Contact PVDWA.sangha@gmail.com with any questions.

