



Wisdom & Transformation in Stillness

(Sept. 19, 2026; 54th in our DOM series)

A Day of Mindfulness Practices
enhancing our connection with all that nourishes us.

Saturday, September 19, 2026; 10:00 am to 4:00 pm
At Wisdom Meditation School, 7233 Pleasants Valley Road,
Vacaville

• Please save the date & LET US KNOW YOU ARE COMING
Call or text Chau at (925)708-8662 OR email to: photridom@gmail.com to RSVP

Practices will include Silent Sitting Meditation, Guided Meditation,
Dharma Study, Qigong and Listening in peaceful harmony.

Participants: Please bring your own vegetarian/vegan lunch and drinking water.
Clothing should be "monastery appropriate". Fragrance-free is greatly appreciated.
Cushions and chairs are provided. (You may bring your own cushion if you prefer)

with Dharmacharyas & Friends of the Plum Village Community
of Engaged Buddhism



Ven. Thích Từ Lực



True Deep Wisdom



True Compassionate Dwelling



Kaleo Ching