

Bodhisattva Path

Explore Bodhisattva Qualities (46th in our DOM series)

- 7:45 am Zoom Meeting Opened to Receive Participants (Chau)
- 8:00 am Greetings. Setting the day's intentions (Chau)
- 8:10 am Morning Chant & Silent Sitting Meditation (Kathi)
- 8:40 am Guided Meditation (Lennis)
- 9:10 am Greeting & Sharing (Thay Tu Luc)
- 9:30 am Dharma Talk (Lennis)
- 10:00 am Break
- 10:10 am Dharma Talk (Chau)
- 10:40 am Breakout Rooms & Group Dharma Discussions (Chau)
- 11:50 am Closing (Chau)
- Noon Adjourn

2023 Wisdom Meditation School Days of Mindfulness (TBD)